

**THERMAGE  
INFORMED CONSENT**

**Reason/Benefits:** Thermage is the only non-invasive procedure that helps tighten and contour your skin in a single treatment— with no surgery, no injections, and little to no downtime. Instead, Thermage stimulates your body's natural renewal of collagen, which creates subtle, natural looking results on and off the face, like...

- Tighter, smoother skin...
- Softened wrinkles and lines...
- And an overall younger looking appearance.

**Risks, side effects, and complications:** safe, but treatment may be ineffective with advanced and resilient skin problem. Pain, infection, burn, and scar; however, these are extremely rare.

**Alternative to photofacial:** Omnilux light therapy, Tensage, IPL photofacial, Obagi Nuderm, AFA, Retin A, microdermabrasion, chemical peels, cosmeceuticals, maintenance skin care products (Vitamin C, exfoliant, and sun screen), and ablative laser treatments.

**Frequency and duration:** One treatment only and the effects last for 2-3 years.

**Treatment:** Multiple passes of the treatment hand piece over an “ink marking” grid outline that is applied to the treatment areas. We will feel heat that is not painful and feels like a slight discomfort to most patients.

**Duration of treatment:** About 2-3 hour for each body part (size of average face).

**Post treatment precautions:** None, but for healthy skin you should avoid sun exposure, tanning booths, and wear sun screen on a daily basis.

**Post treatment expectation:** Thermage skin tightening treatments can help you look on the outside how you feel on the inside. Whether it's on your face, your eyes or other parts of the body, Thermage skin treatments help smooth, tighten and contour skin with gradual, natural looking results, as opposed to the dramatic change that invasive surgery produces. So, rather than looking like you've had surgery, you'll look like you've been away on vacation, rested, and rejuvenated.

Best of all, you can turn back the clock on your skin without rearranging your life for complex procedures or long recoveries. With Thermage treatments, there's no surgery, no injections, no anesthesia and little to no downtime. Instead, Thermage skin tightening treatments stimulate your body's natural renewal of collagen, which creates subtle, natural looking results on and off the face. So you can do something great for your skin in a single treatment on your schedule and quickly return to normal activities looking and feeling fantastic.

Please call our office at 510-226-8832 if you need advice.

I, \_\_\_\_\_, consent to the treatment known as the Thermage. This treatment has been explained to me and I have had the opportunity to ask questions regarding the procedure. I understand that these treatments are not an exact science and the degree of my improvement is variable.

By my signature below, I acknowledge that I have read the information and consent and that I have been given the opportunity to ask questions and that my questions have been answered to my satisfaction. I have been adequately informed of the risks and benefits of this treatment and I wish to proceed with the Thermage.

I have been informed and understand that my treatments will cost \$\_\_\_\_\_ per treatment. I also understand that any appointment that I make that is not cancelled within 48 hours I will be charged a (\$50 or forfeiture of one of the treatment) no show fee.

**Patient Name (print):** \_\_\_\_\_

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Witness:** \_\_\_\_\_