

**LUX V ACNE TREATMENT
INFORMED CONSENT**

Reason/Benefits: For treatment of acne by killing the acne bacteria and lightening of the hyperpigmented skin. With succession of treatment Lux V acne treatment will make your skin brighter, clearer, and smoother.

Risks, side effects, and complications: pain, discoloration, infection, burn, scar, and ineffective treatment. To prevent injury, the treatment setting will be set at a lower and safer setting, if your skin is dark or you are tanned. **This will likely decrease the efficacy of the treatment.** As such, it is important to avoid sun exposure and to wear sun block every day to reduce risk of complications. If you are tanned or have excessive sun exposure, please reschedule your appointment at least 6-8 weeks later for a safe and comfortable treatment.

Alternative to photofacial: Obagi Clenziderm, Obagi Nuderm, AFA, Retin A, microdermabrasion, chemical peels, cosmeceuticals, maintenance skin care products (Vitamin C, exfoliant, and sun screen), and ablative laser treatments.

Frequency and duration: For optimal result, you will need 6-8 treatments done at intervals of 3-4 weeks.

Treatment: a laser hand piece will be applied to the skin of the treatment area and with each pulses, you will feel a “**hot rubber band sensation.**” **Please let the doctor know if you are feeling pain instead of tolerable discomfort.** A gel will be applied to your skin before treatment and you will be given goggles to wear. During treatment even with the goggle you might see/feel flashes of bright lights, which is normal.

Duration of treatment: About 15-20 minutes for each body part (size of average face).

Post treatment precautions: Avoid sun exposure, tanning booths, spray tan, and wear sun screen on a daily basis. Apply ice, aloe vera, and topical OTC cortisone if you feel **heat** or **swelling** in the treated area. **Reschedule if you are tanned either from sun/tanning booths or sprayed tan or had sun exposure.**

Post treatment expectation: You might experience exacerbation of your acne, which may require Omnilux Red Light treatment to stop the inflammatory response resulting from Lux V acne treatment. Apply a generous dose of moisturizer to keep your skin moisturized. You must use sun block preferably low SPF and high concentration of physical agents against UVA, exfoliant, and Vitamin C for protection and repair from the effects of sun damage and post inflammatory response. Also, Retin A, astringent agent, and microdermabrasion might need to be added to complement the laser treatment. For the first few days, there might be some redness or swelling over the treated area. Please call our office at 510-226-8832 if you need advice.

I, _____, consent to the treatment known as the Lux V acne treatment. This treatment has been explained to me and I have had the opportunity to ask questions regarding the procedure. I understand that these treatments are not an exact science and the degree of my improvement is variable.

By my signature below, I acknowledge that I have read the information and consent and that I have been given the opportunity to ask questions and that my questions have been answered to my satisfaction. I have been adequately informed of the risks and benefits of this treatment and I wish to proceed with the Lux V acne treatment.

I have been informed and understand that my treatments will cost \$_____ per treatment. I also understand that any appointment that I make that is not cancelled within 48 hours I will be charged a (\$50 or forfeiture of one of the treatment) no show fee.

Patient Name (print): _____

Patient Signature: _____ **Date:** _____

Witness: _____