

**FRACTIONAL LASER/LUX 1540 (NON-ABLATIVE LASER TREATMENT)
INFORMED CONSENT**

Reason/Benefits: For removal of skin blemishes (brown spots, spider veins, and skin pore size reduction), skin tightening, scar reduction, and acne treatment. With succession of treatment Lux 1540 will make your skin brighter, clearer, and smoother.

Risks, side effects, and complications: pain, discoloration, infection, burn, scar, and ineffective treatment. To prevent injury, the treatment setting will be set at a lower and safer setting, if your skin is dark or you are tanned. **This will likely decrease the efficacy of the treatment.** As such, it is important to avoid sun exposure and to wear sun block every day to reduce risk of complications. If you are tanned or have excessive sun exposure, please reschedule your appointment at least 6-8 weeks later for a safe and comfortable treatment.

Alternative to Lux 1540: Chemical peels, cosmeceuticals, maintenance skin care products (Vitamin C, exfoliant, and sun screen), and ablative laser treatments.

Frequency and duration: For optimal result, you will need 6-8 treatments done at intervals of 3-4 weeks.

Treatment: a laser hand piece will be applied to the skin of the treatment area and with each pulses, you will feel a “**hot rubber band sensation.**” **Please let the doctor know if you are feeling pain instead of tolerable discomfort.** A numbing cream will be applied to your skin for 45 minutes before treatment. You will be given goggles to wear during treatment. During treatment even with the goggle you might see/feel flashes of bright lights, which is normal.

Duration of treatment: About 20-30 minutes for each body part (size of average face).

Post treatment precautions: Avoid sun exposure, tanning booths, spray tan, and wear sun screen on a daily basis. Apply ice, aloe vera, and topical OTC cortisone if you feel **heat** or **swelling** in the treated area. **Reschedule if you are tanned either from sun/tanning booths or sprayed tan or had sun exposure.**

Post treatment expectation: You can expect swelling and redness over the treated area lasting for a few days. Apply a generous dose of moisturizer to keep your skin moisturized. You must use sun block, exfoliant, and Vitamin C for protection and repair from the effects of sun damage and post inflammatory response. Please call our office at 510-226-8832 if you need advice.

I, _____, consent to the treatment known as the Fractional Laser/Lux 1540 treatment. This treatment has been explained to me and I have had the opportunity to ask questions regarding the procedure. I understand that these treatments are not an exact science and the degree of my improvement is variable.

By my signature below, I acknowledge that I have read the information and consent and that I have been given the opportunity to ask questions and that my questions have been answered to my satisfaction. I have been adequately informed of the risks and benefits of this treatment and I wish to proceed with the Fractional Laser/Lux 1540 treatment.

I have been informed and understand that my treatments will cost \$ _____ per treatment. I also understand that any appointment that I make that is not cancelled within 48 hours I will be charged a (\$50 or forfeiture of one of the treatment) no show fee.

Patient Name (print): _____

Patient Signature: _____ **Date:** _____

Witness: _____